

5 DAY CHALLENGE

**LIVE LIFE
BALANCED**

With

Le'Siran Edwards

Hopewell Vision & Coaching

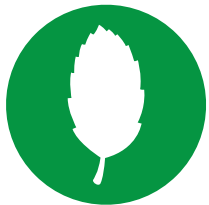


La La Land

Ready to get started?



Review Day 1 - 3 of this challenge



Exercise



Prioritise



Gratitude





DAY 4

La La Land

Stay up to date and **turn on**
your notifications for Women's
Empowerment to Success FB
Group, here:

[https://www.facebook.com/groups/
womensempowermenttosuccess/?
source_id=889512837865113](https://www.facebook.com/groups/womensempowermenttosuccess/?source_id=889512837865113)

**WOMEN'S
EMPOWERMENT
FOR SUCCESS
FB GROUP**

*AND JOIN LIVE
LIFE BALANCED
FREE 5 DAY
CHALLENGE*





Day 4 - La La Land

Today we'll cover:-

Prioritise the key areas in your life

What is your desired life goals

Please consider what you've enjoyed from this challenge so far & share in the group.

Remember if you're stuck, don't continue to go it alone, contact me for a free consultation to help you back on track.

Message me on FB me or email: info@hopewellvision.co.uk

Here's your video for Day 4

<https://vimeo.com/281566847/852e84dde3>



Day 5

Me ME Me



Who wants a Kickstart to pursue their life goals? Find out more tomorrow.